8 AM

HOLY EUCHARIST, RITE II

Sunday, January 28

The Fourth Sunday After the Epiphany



TRINITY CHURCH
IN THE CITY OF BOSTON



The T-n-T (Twenties-and-Thirties) Zoom Book Club will meet this Tues., 1/30, at 7 pm— join in and discuss Love is the Way by Bishop Michael Curry.

Get the Zoom link at trinitychurchboston.org/calendar

EPIPHANY FORUM SERIES

The Wonderfully Ordinary Household of God

Sundays through 2/4, 11:15 am, Church Beginning with an underwhelming birth locale amid unexpected visitors, the season of Epiphany is all about recognizing Jesus in the ordinariness of our incarnate world.

1/28: Our Household Life Together: Trinity's Ministry Council

Just as we organize our life within our larger family and community, we organize the way we live as members of the same household and how many people get many things done. Today we will present on the work and organization of the Ministry Council, the vehicle through which we continually raise up lay ministries, outreach and care for all that God has given to us.

This Forum will be livestreamed to trinitychurchboston.org/live-worship

2/4: A Second Look: Houses of Worship, Households of Faith

We have been given a deep and abiding gift in the shape of the building in which we worship and connect. Not only is our building a profound connection to the City of Boston and the community of Copley Square, but it holds memories and history as part of its walls, windows and its very arrangement. Join for an overview of the history of how the space has made a mark on the worship and community over the past 150 years, and then join Trinity Church Tour Guides on to look at aspects of our building which tell stories about who we are and where we come from.

Check out the 1/14 Forum video 'The Household in Ephesos' from the Rev. Dr. Katherine Shaner, at trinitychurchboston.org/blog





TODAY

Children's Ministries Combined Classes

Sun., 1/28, 11:15 am-12:15 pm, Tapestry Hall

Early Childhood classes (Preschool – Grade 3) will meet in one group for formation time today.

Please bring your children to Tapestry Hall (2nd floor of the Parish House) following the 10 am service for a "one room Church School". Children should be picked up by 12:15 pm.

Youth Ice Skating

Sun., 1/28, 1 pm; meet at the Frog Pond on Boston Common All youth (4th-12th grade) are invited to glide on over to the Frog Pond for an all-youth ice-skating afternoon!

Trinity will cover every youth's admission but please bring \$15 for skate rental. Questions? Contact Katrina Leslie, kleslie@trinitychurchboston.org

LOOKING AHEAD

Community Breakfast & 63rd Annual Pancake Toss

Sun., 2/4, 9 am, Undercroft

Enjoy a hot breakfast and a pancake toss with the Trinity community between the morning services. All are

welcome!



Sign up to help out with Community Breakfast preparation on 2/3 or 2/4 by scanning the QR code or at trinitychurchboston.org/calendar

RSVP for Tropical Family Movie Night

Fri., 2/9, 5:30-7:30 pm, Lloyd Forum

In the bleak midwinter, come bask in the joy of a tropical night in the Lloyd Forum. Family Ministries invites families to dust off their leis and hula skirts, and join us

for dinner, ocean-themed snacks and a movie!

RSVP for Tropical Family Movie Night by Tues., 2/6 by scanning the QR code or at trinitychurchboston.org/calendar

Trinity Church
in the City of Boston
206 Clarendon Street, Boston, MA 02116
617-536-0944 + trinitychurchboston.org



WELCOME



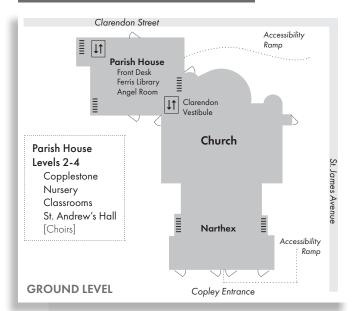
Whether you're new among us or you've been worshiping here

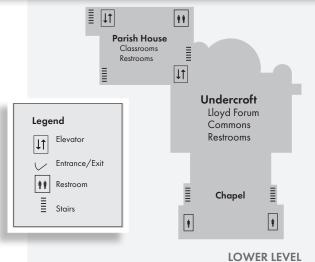
for years, we look forward to helping you make a

home for faith at Trinity.

Complete the short Welcome Form at **trinitychurchboston.org/welcome** (or scan the QR code) so we can get to know you better.

FINDING YOUR WAY





Statement of Affirmation

Trinity Church in the City of Boston is a congregation of the Episcopal Diocese of Massachusetts and welcomes and honors everyone. In accordance with our baptismal covenant, we affirm the inherent worth and dignity of every person. We strive to include all persons without regard to sexual orientation, race, nationality, gender, family configuration, ethnic background, economic circumstances, difference in ability, culture, or age. Our love and acceptance of each other embody our commitment to unity with God and each other in Christ.

HOURS & INFORMATION

Sunday Schedule

8 am Holy Eucharist, Rite II, spoken9 am Coffee & Community Hour,

full "Community Breakfast" on the first Sunday of most months

10 am Holy Eucharist, Rite II,

with organ, choristers, and choir.

Includes Children's Homily & Nursery.

Morning Prayer last Sunday of most months.

online at

trinitychurchboston.org/live-worship and facebook.com/trinitychurchboston

11:15 am Formation for All Ages5 pm Holy Eucharist, Rite II

Weekday Worship at Trinity

Tues/Thurs.

8:30 pm Online Compline

join us on Zoom at bit.ly/tcbTTcompline

or dial in with 1-646-558-8656

and enter Meeting ID 206 654 379

Weds.

5:45 pm Choral Evensong

in the Church, led by the Trinity Choristers

Vestry

Chris Allen ('27) • Christine Arcese ('26) • Christopher Atwood ('26) • Barbara Dortch-Okara ('25) • Josh Fiala ('27) • Richard Henderson ('26) • Vincent W. James ('24) • Tim Martin ('27) • Niven Narain ('26) • Chuks Chijioke Okoli ('25) • Constance Perry ('24) • Peter Renner ('25) • Mary Roetzel ('27) • Olaf J. Thorp ('24) • Pam Waterman ('25) • Katie Wrisley Shelby ('24)

Clergy

The Rev. Morgan S. Allen, *Rector* • The Very Rev. Dr. Michael Battle, *Theologian-In-Community* • The Rev. Dr. Karen Coleman, *Assisting Priest* • The Rev. Paige Fisher, *Associate for Community Life* • The Rev. Kit Lonergan, *Priest for Welcome and Care* • The Rev. Abigail W. Moon, *Senior Associate*

Vestry can be reached at bit.ly/TrinityVestry

Clergy and Staff can be reached at bit.ly/TrinityStaff



Tours

Wed - Sat 10 am - 4:30 pm Trinity Church offers self-guided, docentled, and audio tours. Considered one of ten buildings that changed America, Trinity Church is an architectural masterpiece including its unique collection of stained-glass windows by designers such as Edward Burne-Jones, William Morris, and John La Farge, its murals, wood carvings and more. The price is \$10. Children younger than 12 are free.

GATHERING

Opening Acclamation & Collect for Purity

Blessed be God: Father, Son, and Holy Spirit.

And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

Amen.

Collect of the Day

The Lord be with you.

And also with you.

Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

WORD OF GOD

Reading 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.

Thanks be to God.

Worship at Trinity

Please note that our use of the BCP text may vary slightly to incorporate gender-neutral language when appropriate.

When the text of this worship booklet is in **bold**, it is spoken or sung by all.

Though the Presider's posture (standing, sitting, or kneeling) will cue many in the pews, we invite you to participate as you are able and as your piety prefers.

The service of Holy Eucharist begins on page 355 in the Book of Common Prayer (BCP).

Children's Gospel pages and crayons are available in baskets in both the Copley narthex and the Clarendon vestibule.

Kindly return crayons at the end of the service.

We will pray the Psalm responsively, by whole verse.

Psalm 111

Hallelujah! I will give thanks to the Lord with my whole heart, * in the assembly of the upright, in the congregation.

Great are the deeds of the Lord! * they are studied by all who delight in them.

His work is full of majesty and splendor, * and his righteousness endures for ever.

He makes his marvelous works to be remembered; * the Lord is gracious and full of compassion.

He gives food to those who fear him; * he is ever mindful of his covenant.

He has shown his people the power of his works * in giving them the lands of the nations.

The works of his hands are faithfulness and justice; * all his commandments are sure.

They stand fast for ever and ever, * because they are done in truth and equity.

He sent redemption to his people; he commanded his covenant for ever; * holy and awesome is his Name.

The fear of the Lord is the beginning of wisdom; * those who act accordingly have a good understanding; his praise endures for ever.

Gospel Mark 1:21-28

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

Praise to you, Lord Christ.

Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for our Presiding Bishop, Michael, and our Bishops, Alan and Carol. This week we remember the Episcopal parishes of...

God of love and mercy,

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace, praying especially for people and communities facing war in Ukraine and the Holy Land; that we may honor one another and serve the common good. God of love and mercy,

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. God of love and mercy,

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as Christ loves us. We pray for those expecting a child: ...

God of love and mercy,

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Today we remember: ...

God of love and mercy,

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; remembering: ... We pray that we may share with all your saints in your eternal kingdom.

God of love and mercy,

Hear our prayer.

Concluding Collect

Confession & Absolution

Let us confess our sins against God and our neighbor. Silence

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

The Peace

The peace of the Lord be always with you. **And also with you.**

Welcome & Announcements

Complete the short Welcome Form at trinitychurchboston. org/welcome so we can get



to know you better. You can also scan the QR code to reach the form.

All we have and all we are is of God, and everyone has a faithful offering to make. All gifts received today will support Trinity's ministry, empower our service to the community, and sustain our historic buildings.



Eucharistic Prayer B from the Book of Common Prayer, p. 367.

HOLY COMMUNION

Offertory

The Presentation

All things come of thee, O Lord.

And of thine own have we given thee.

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Christ. For in these last days you sent your Christ to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and the Blood of your new Covenant. Unite us in this sacrifice, that we may be acceptable through Christ, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

AMEN

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to pray,

Our Father,

who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.

Invitation

The Gifts of God for the People of God.

Trinity Church and The Episcopal Diocese of Massachusetts welcome all to Holy Communion. If instead of the sacrament in either kind you prefer to receive a blessing in the name of God, cross your arms over your chest. With that cue, a priest will offer a short prayer.

To receive the sacrament, come to the altar rail; stand or kneel (as you are able or as your piety prefers); and extend your hands, one inside the other. In turn, the priest will place a consecrated wafer in your open palm. If you require a gluten-free wafer, please request one from the priest offering Communion.

A Eucharistic Minister will follow with the wine; to receive, help guide the chalice to your lips. The server wipes the chalice's rim after every sip.

For those who find it easier to remain in their pew, please signal an Usher, and a priest will bring the sacrament to you.

Communion of the People

SENDING

Postcommunion Prayer

Let us pray.

Almighty and everliving God,
we thank you
for feeding us with the spiritual food
of our Savior, Jesus Christ,
and for assuring us in these holy mysteries
that we are living members of Christ's Body –
heirs of your eternal kingdom.
Now, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of your Good News.
To Christ, to you, and to the Holy Spirit,
be honor and glory, now and for ever.
Amen.

When Eucharistic Visitors are sent forth to take Communion to the sick or homebound, the following is offered:

In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ.

We who are many are one body, because we all share one bread, one cup.

Blessing

Dismissal

Let us go in peace to love and serve the Lord.

Thanks be to God.