



7 PM

MAUNDY THURSDAY

March 28, 2024



TRINITY CHURCH
IN THE CITY OF BOSTON

FREE CONCERT SUNDAY

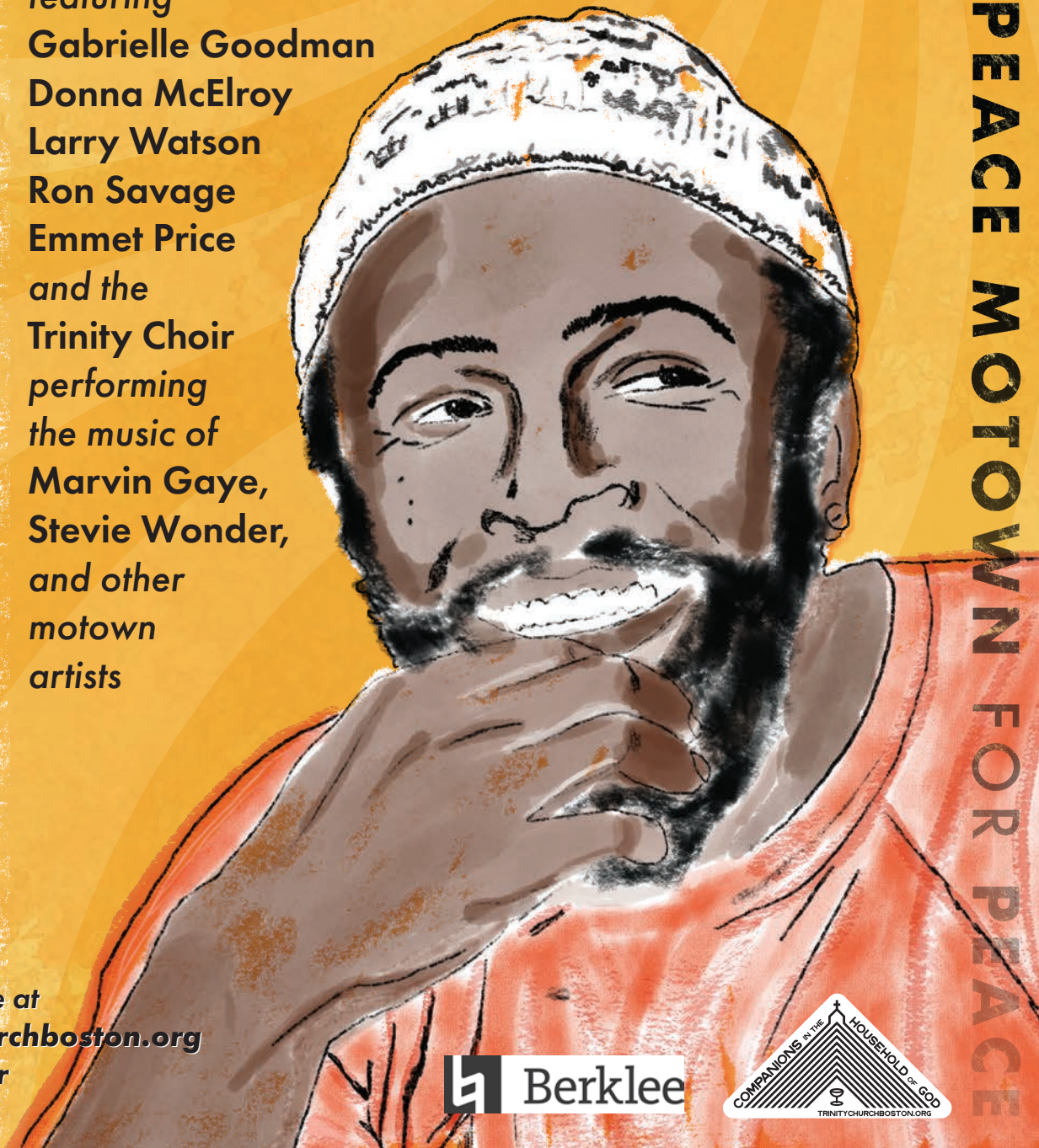
WHAT'S GOING ON?

4.7
5 PM

MOTOWN FOR PEACE MOTOWN FOR PEACE



featuring
Gabrielle Goodman
Donna McElroy
Larry Watson
Ron Savage
Emmet Price
and the
Trinity Choir
performing
the music of
Marvin Gaye,
Stevie Wonder,
and other
motown
artists



learn more at
[trinitychurchboston.org](http://trinitychurchboston.org/calendar)
[/calendar](http://trinitychurchboston.org/calendar)





TrinityEvents

On Sun., 4/7, at 5 pm, Trinity and Berklee College of Music will present a free 'What's Going On?/Motown for Peace' concert featuring the music of Marvin Gaye.

Learn more at trinitychurchboston.org/calendar

LOOKING AHEAD

Join Us for
Bonnyman
Symposium/
Boston Marathon Weekend
Fri., 4/12-Sun., 4/14



Trinity Church is honored to host athlete, author, and activist **Alison Mariella Désir** for the Anne Berry Bonnyman Symposium weekend. The Symposium, in partnership with **Trinity Boston Connects** (TBC), will celebrate **the Joy of Running, Belonging, and Community** in the context of addressing systemic racism and building supportive, inclusive, and equitable communities.

Alison Mariella Désir is the author of *Running While Black: Finding Freedom in a Sport that Wasn't Built for Us*.

Trinity will also welcome the **Rt. Rev. Jennifer Baskerville-Burrows**, an accomplished long-distance runner and bishop of the Episcopal Diocese of Indianapolis.

Running While Black Zoom Book Discussion
Tues., 4/2, 6:30- 8 pm

Running While Black In-person Discussion
Sun., 4/7, 12:30-2 pm, Ferris Library

Youth-Focused Community Event
Fri., 4/12, 4-6 pm

Alison Mariella Désir will read from her book and answer questions, then lead a short run/walk followed by pizza at Trinity. This event will be co-sponsored, and there will be exciting giveaways for youth!



Scan the QR code to learn more about the 2024 Bonnyman Symposium plans at trinitychurchboston.org/news

HOLY WEEK

Learn more about our Holy Week plans and how to join in by scanning the QR code or visit trinitychurchboston.org/news



3/28 Maundy Thursday

Simple Supper, 5:45 pm

Maundy Thursday Worship, 7 pm

Gethsemane Watch, 8-10 pm; then online 10 pm-6 am

3/29 Good Friday

Gethsemane Watch, 6-10 am

Easter Preparations, 10 am-11:45 am and 1:30 pm-4 pm

Good Friday Worship, 12 noon (livestreamed)

3/30 Holy Saturday

Easter Preparations, 10 am-2 pm

Easter Gardens, 10 am-12 pm, for children, parents, & friends

Easter Vigil Worship, 6 pm

3/31 Easter Day

Easter Worship, 8 am, 10 am (livestreamed), 12 pm

Questions at Calvary Sermon III: Resurrection, exploring ideas about what it means that "God raised Jesus from the dead."

Trinity's Rector, the Rev. Morgan S. Allen, explores the categories of questions that Jesus' crucifixion presents in the Gospel of Mark.

Check out the earlier sermons in this series at trinitychurchboston.org/sermons.

T-n-T Easter Brunch, 12 pm;

email kleslie@trinitychurchboston.org

Help Decorate Trinity This Weekend

Thurs., 3/28-Sat., 3/30

All of us have an opportunity to come and prepare the space for Easter Morning and the great celebration of Easter! There is a place for you and the whole family. Consider how you might be called to be a part of the team as we find the tomb empty and celebrate the Lord's resurrection.

Sign up at trinitychurchboston.org/calendar, or scan the QR code above to go directly to the sign-up genius page



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Trinity Church

in the City of Boston

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617-536-0944 + trinitychurchboston.org



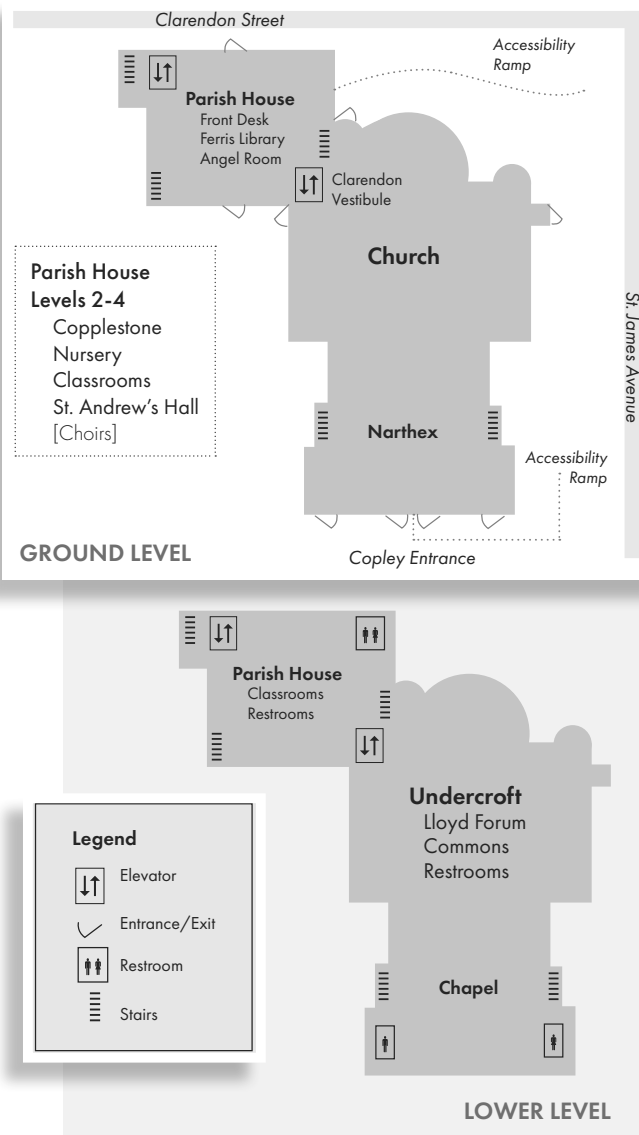
WELCOME



Whether you're new among us or you've been worshipping here for years, we look forward to helping you make a home for faith at Trinity.

Complete the short Welcome Form at trinitychurchboston.org/welcome (or scan the QR code) so we can get to know you better.

FINDING YOUR WAY



Statement of Affirmation

Trinity Church in the City of Boston is a congregation of the Episcopal Diocese of Massachusetts and welcomes and honors everyone. In accordance with our baptismal covenant, we affirm the inherent worth and dignity of every person. We strive to include all persons without regard to sexual orientation, race, nationality, gender, family configuration, ethnic background, economic circumstances, difference in ability, culture, or age. Our love and acceptance of each other embody our commitment to unity with God and each other in Christ.

HOURS & INFORMATION

Sunday Schedule

- 8 am** Holy Eucharist, Rite II, *spoken*
- 9 am** Coffee & Community Hour, full "Community Breakfast" on the first Sunday of most months
- 10 am** Holy Eucharist, Rite II, with organ, choristers, and choir. Includes Children's Homily & Nursery. Morning Prayer last Sunday of most months. online at trinitychurchboston.org/live-worship and [facebook.com/trinitychurchboston](https://www.facebook.com/trinitychurchboston)
- 11:15 am** Formation for All Ages
- 5 pm** Holy Eucharist, Rite II

Weekday Worship at Trinity

Tues/Thurs.

- 8:30 pm** Online Compline
join us on Zoom at bit.ly/tcbTTcompline
or dial in with **1-646-558-8656**
and enter Meeting ID **206 654 379**

Weds.

- 5:45 pm** Choral Evensong
in the Church, led by the Trinity Chorists

Vestry

Chris Allen ('27) • Christine Arcese ('26) • Christopher Atwood ('26) • Barbara Dortch-Okara ('25) • Josh Fiala ('27) • Sukaina Garcia ('25) • Richard Henderson ('26) • Tim Kelly ('28) • Tim Martin ('27) • Niven Narain ('26) • Chuks Chijioke Okoli ('25) • Constance Perry ('28) • Peter Renner ('28) • Mary Roetzel ('27) • Pam Waterman ('25) • Katie Wisley Shelby ('28)

Clergy

The Rev. Morgan S. Allen, *Rector* • The Very Rev. Dr. Michael Battle, *Theologian-In-Community* • The Rev. Dr. Karen Coleman, *Assisting Priest* • The Rev. Paige Fisher, *Associate for Community Life* • The Rev. Kit Lonergan, *Priest for Welcome and Care* • The Rev. Abigail W. Moon, *Senior Associate*

Vestry can be reached at bit.ly/TrinityVestry

Clergy and Staff can be reached at bit.ly/TrinityStaff



Tours

Wed - Sat
10 am - 4:30 pm

Trinity Church offers self-guided, docent-led, and audio tours. Considered one of ten buildings that changed America, Trinity Church is an architectural masterpiece including its unique collection of stained-glass windows by designers such as Edward Burne-Jones, William Morris, and John La Farge, its murals, wood carvings and more. The price is \$10. Children younger than 12 are free.

Maundy Thursday, or Holy Thursday, takes its name from the Latin *mandatum*, meaning “commandment.” This “mandate” refers to the New Commandment Jesus gave his disciples: to love one another.

Maundy Thursday begins the three day observance called “the Triduum.” These three days recall the events of Jesus’ Last Supper; crucifixion and death; and Resurrection.

Tonight we hear the story of the Last Supper when Jesus humbles himself and washes his disciples’ feet before their Passover meal. In commemoration of these acts and in response to the New Commandment, we wash one another’s feet during this service.

Finally, we will abide Jesus’ commission to eat bread and drink wine “in remembrance of [him].” After Communion, we will ready for Good Friday with the “stripping of the altar,” the removal of church adornments.

GATHERING

Prelude ‘*Le Banquet Céleste*’
Olivier Messiaen (1908-1992)

Hymn 315 'Thou, who at thy first Eucharist didst pray'

1 Thou, who at thy first Eu - cha - rist didst pray
 2 For all thy Church, O Lord, we in - ter - cede;
 3 So, Lord, at length when sac - ra - ments shall cease,

that all thy Church might be for ev - er one,
 make thou our sad di - vi - sions soon to cease;
 may we be one with all thy Church a - bove,

grant us at ev - ery Eu - cha - rist to say
 draw us the near - er each to each, we plead,
 one with thy saints in one un - bro - ken peace,

with long - ing heart and soul, "Thy will be done."
 by draw - ing all to thee, O Prince of Peace;
 one with thy saints in one un - bound - ed love;

O may we all one bread, one bo - dy be,
 thus may we all one bread, one bo - dy be,
 more bless - ed still, in peace and love to be

through this blest sac - ra - ment of u - ni - ty.
 through this blest sac - ra - ment of u - ni - ty.
 one with the Trin - i - ty in U - ni - ty.

Opening Acclamation

Bless the Lord who forgives all our sins.
God's mercy endures for ever.

Collect of the Day

The Lord be with you.
And also with you.
Let us pray.

Almighty God, whose dear Child, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

WORD OF GOD

Reading 1 Corinthians 11:23-26

I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

The Word of the Lord.
Thanks be to God.

The service of Maundy Thursday begins on page 274 in the Book of Common Prayer (BCP).

Worship at Trinity

Please note that our use of the BCP text may vary slightly to incorporate gender-expansive language when appropriate.

*When the text of this worship booklet is in **bold**, it is spoken or sung by all.*

Though the Presider's posture (standing, sitting, or kneeling) will cue many in the pews, we invite you to participate as you are able and as your piety prefers.

Psalm 116: 1, 10-17



I love the Lord, because he has heard the voice of my suppli/cation, *
because he has inclined his ear to me whenever I / called upon him.

**How shall I repay the / Lord *
for all the good things / he has done for me?**

I will lift up the cup of sal/vation *
and call upon the / Name of the Lord.

**I will fulfill my vows to the / Lord *
in the presence of / all his people.**

Precious in the sight of the / Lord *
is the death / of his servants.

**O Lord, I am your / servant; *
I am your servant and the child of your handmaid;
you have / freed me from my bonds.**

I will offer you the sacrifice of thanks/giving *
and call upon the / Name of the Lord.

**I will fulfill my vows to the / Lord *
in the presence of / all his people,**

In the courts of the / Lord's house, *
in the midst of you, / O Jerusalem.

Hymn 439 'What wondrous love is this'

Unison



1 What won - drous love is this, O my soul, O my soul! What
2 To God and to the Lamb, I will sing, I will sing, to
3 And when from death I'm free, I'll sing on, I'll sing on, and



won-drous love is this, O my soul! What won-drous love is this that
God and to the Lamb, I will sing. To God and to the Lamb who
when from death I'm free, I'll sing on. And when from death I'm free I'll



caused the Lord of bliss to lay a - side his crown for my
is the great I AM, while mil - lions join the theme, I will
sing and joy - ful be, and through e - ter - ni - ty I'll sing



soul, for my soul, to lay a - side his crown for my soul.
sing, I will sing, while mil - lions join the theme I will sing.
on, I'll sing on, and through e - ter - ni - ty I'll sing on.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord--and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

"Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.' I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another."

The Gospel of the Lord.

Praise to you, Lord Christ.

Following the invitation at the conclusion of the sermon, anyone who chooses may come to the stations at the Broadstep, near the vestibules, or at the West Doors to have their feet washed and to wash another's feet.

Should you prefer to be seated (rather than kneel) to wash another's feet, please use the station by the Clarendon Vestibule (pulpit side) where an extra chair will be made available for this purpose.

The Footwashing

Anthem 'Mandatum Sentences'
Orlando Gibbons (1583-1625)

Antiphon

A new com - mand - ment I give un - to
you: Love one an - oth - er as I have loved you.

The Lord Jesus, after he had supped with his disciples and had washed their feet said unto them, "Do you know what I, your Lord and Master, have done to you? I have given you an example, that should do as I have done.

Peace is my last gift to you, my own peace I now leave with you; peace which the world cannot give, I give to you.

I give you a new commandment: Love one another as I have loved you.

By this shall the world know that you are my disciples:
that you have love for one another. *Antiphon*

I will listen to what the Lord God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him.

May God be merciful to us and bless us.
Show us the light of his countenance and come to us.

O how good and pleasant it is when brethren live together in unity.

Mercy and truth have met together;
righteousness and peace kissed each other. *Antiphon*

I was glad when they said to me, "Let us go to the house of the Lord."

Now our feet are standing within your gates, O Jerusalem.

Pray for the peace of Jerusalem. "May they prosper who love you."
Where true charity and love dwell, God himself is there. *Antiphon*

Since the love of Christ has joined us in one body, let us all rejoice and be glad now and always.

As we hear and love our Lord, the living God, so let us love one another in sincerity and truth. *Antiphon*

Anthem 'Ubi Caritas'

Jerrick Cavagnaro (b. 1996)

*Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.
Exullemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero. Amen.*

Where there is charity and love, God is there.
The love of Christ has gathered us together.
Let us rejoice and be glad in it.
Let us revere and love the living God.
And from a sincere heart let us love one another. Amen.

TEXT: PAULINUS OF AQUILEIA

Anthem 'Love is little'

arr. Kevin Siegfried (b. 1969)

Love is little,
love is low,
love will make our spirit grow.

Grow in peace,
grow in light,
love will do the thing that's right.

TEXT: SHAKER TEXT AND TUNE

Anthem 'A litany'

William Walton (1902-1983)

Drop, drop slow tears,
And bathe those beauteous feet,
Which brought from heav'n
The news and Prince of Peace:
Cease not, wet eyes,
His mercy to entreat;
To cry for vengeance,
Sin doth never cease.
Drop, drop slow tears.
In your deep flood
Drown all my faults and fears;
Nor let his eye
See sin, but through my tears.

TEXT: PHINEAS FLETCHER

Hymn 'Ubi caritas'

U - bi ca - ri - tas et a - mor,

u - bi ca - ri - tas De - us i - bi est.

Translation: Where true charity and love abide, God is there.

Complete the short Welcome Form at trinitychurchboston.org/welcome so we can get



to know you better. You can also scan the QR code to reach the form.

All we have and all we are is of God, and everyone has a faithful offering to make. All gifts received today will support Trinity's ministry, empower our service to the community, and sustain our historic buildings.

To make a gift online, please click here or use the QR code below to be taken to the secure form on our website.



Alternatively, you may also give in-person via the basket passed during the Offertory.

A Collect To Conclude The Footwashing

Almighty God, grant that the Love we have seen and heard and shared this night may, through your grace, be grafted in our hearts; and, as we now approach the table you prepared for your disciples, be present with us as you were with them; be known to us in the breaking of the bread; and be in the fruits of faith you bring forth in our lives; through Jesus Christ our Lord.

Amen.

The Peace

The Peace of the Lord be always with you.

And also with you.

Welcome & Announcements

HOLY COMMUNION

Offertory

Anthem 'Tantum ergo'

Jessica French (b. 1984)

*Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Præstet fides supplementum
Sensuum defectui.*

*Genitori, Genitoque
Laus et Jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.
Amen.*

Hence so greatly the Sacrament
Let us venerate with heads bowed
And let the old practice
Give way to the new rite;
Let faith provide a supplement
For the failure of the senses.

To the Begetter and the Begotten
Be praise and jubilation,
Hail, honor, virtue also,
And blessing too:
To the One proceeding from Both
Let there be equal praise.
Amen.

TEXT: ST. THOMAS AQUINAS

The Presentation

All things come of Thee, O Lord.

And of Thine own, have we given Thee.

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Creator of heaven and earth, through Jesus Christ our Lord. For our sins he was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S-124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus, your only and eternal Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Creator of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption in this sacrifice of praise and thanksgiving, and recalling his death, resurrection, and ascension, we offer you these gifts.

*Eucharistic Prayer A from the
Book of Common Prayer, p. 361.*

Sanctify them by your Holy Spirit to be for your people the holy food and drink of new and unending life in Christ.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory is yours, Almighty God, now and for ever.

AMEN.

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to pray,

Our Father,

who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

Breaking of the Bread

Fraction Anthem S-161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Invitation

The Gifts of God for the People of God.

Trinity Church and The Episcopal Diocese of Massachusetts welcome all to Holy Communion. If instead of the sacrament in either kind you prefer to receive a blessing in the name of God, cross your arms over your chest. With that cue, a priest will offer a short prayer.

To receive the sacrament, come to the altar rail; stand or kneel (as you are able or as your piety prefers); and extend your hands, one inside the other. In turn, the priest will place a consecrated wafer in your open palm. If you require a gluten-free wafer, please request one from the priest offering Communion.

A Eucharistic Minister will follow with the wine; to receive, help guide the chalice to your lips. The server wipes the chalice's rim after every sip.

For those who find it easier to remain in their pew, please signal an Usher, and a priest will bring the sacrament to you.

Communion of the People

Anthem 'Ave verum corpus'

Colin Mawby (1936-2019)

*Ave verum corpus
natum de Maria Virgine,
Vere passum, immolatum
in cruce pro homine
Cujus latus perforatum
unda fluxit sanguine,
Esto nobis praegustatum,
In mortis examine.
O Jesu dulcis, O Jesu pie,
O Jesu Fili Mariae,
Miserere mei. Amen.*

Hail true body,
born of the Virgin Mary,
Who suffered and died
on the cross for mankind:
From whose pierced side
flowed water mixed with blood,
Be to us a foretaste
in the trial of death:
O Jesus sweet, O Jesus loving
O Jesus, Son of Mary,
Have mercy on me. Amen.

TEXT: LATIN HYMN

Hymn 329 'Now my tongue the mystery telling'



1 Now, my tongue, the mys - tery tell - ing of the glo - rious
2 Given for us, and con - de - scend - ing to be born for
3 That last night at sup - per ly - ing mid the twelve, his
4 Word made flesh, the bread he tak - eth, by his word his



1 Bo - dy sing, and the Blood, all price ex - cell - ing,
2 us be - low, he with us in con - verse blend - ing
3 cho - sen band, Je - sus, with the Law com - ply - ing,
4 Flesh to be; wine his sa - cred Blood he mak - eth,



1 which the Gen - tiles' Lord and King, once on earth a -
2 dwelt, the seed of truth to sow, till he closed with
3 keeps the feast its rites de - mand; then, more pre - cious
4 though the sens - es fail to see; faith a - lone the



1 mong us dwell - ing, shed for this world's ran - som - ing.
2 won - drous end - ing his most pa - tient life of woe.
3 food sup - ply - ing, gives him - self with his own hand.
4 true heart wak - eth to be - hold the mys - ter - y.

SENDING

Postcommunion Prayer

Let us pray.

Almighty and everliving God,

we thank you

for feeding us with the spiritual food

of our Savior, Jesus Christ,

and for assuring us in these holy mysteries

that we are living members of Christ's Body –
heirs of your eternal kingdom.

Now, send us out

to do the work you have given us to do,

to love and serve you

as faithful witnesses of your Good News.

To Christ, to you, and to the Holy Spirit,

be honor and glory, now and for ever.

Amen.

Procession and Reservation of the Sacrament

Stripping of the Altar

Psalm 22

My God, my God, why have you forsaken me? *
and are so far from my cry and from the words of my distress?
O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.
Yet you are the Holy One, *
enthroned upon the praises of Israel.
Our forefathers put their trust in you; *
they trusted, and you delivered them.
They cried out to you and were delivered; *
they trusted in you and were not put to shame.
But as for me, I am a worm and no man, *
scorned by all and despised by the people.
All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,
“He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him.”
Yet you are he who took me out of the womb, *
and kept me safe upon my mother’s breast.
I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother’s womb.
Be not far from me, for trouble is near, *
and there is none to help.
Many young bulls encircle me; *
strong bulls of Bashan surround me.
They open wide their jaws at me, *
like a ravening and a roaring lion.
I am poured out like water; all my bones are out of joint; *
my heart within my breast is melting wax.
My mouth is dried out like a pot-sherd;
my tongue sticks to the roof of my mouth; *
and you have laid me in the dust of the grave.
Packs of dogs close me in, and gangs of evildoers circle around me; *
they pierce my hands and my feet; I can count all my bones.
They stare and gloat over me; *
they divide my garments among them; they cast lots for my clothing.
Be not far away, O Lord; *
you are my strength; hasten to help me.
Save me from the sword, *
my life from the power of the dog.
Save me from the lion’s mouth, *
my wretched body from the horns of wild bulls.

After the stripping of the altar, all may remain in prayer for a time, before leaving in silence.

The Gethsemane Watch will be held in person in the Chapel until 10 pm and will resume in person Friday at 5 am.

*Sung by the choir to an Anglican
Chant by Herbert Howells
(1892-1983).*

*The worship of Holy Week
continues tomorrow, on
Good Friday, at noon.*