

11 AM
MORNING PRAYER
Sunday, March 15
Season of Lent

OPENING RITE

Hymn 690 ‘Guide me, O thou great Jehovah’ *Found on p.7.*

Sentences of Scripture

Confession & Absolution

Let us humbly confess our sins unto Almighty God.

Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of the Holy Spirit.

Amen.

Prelude

Psalm Prelude, Set 1 No.1

*“Lo the poor crieth and the Lord
heareth him, yea and saveth him
out of all his troubles.”*

Herbert Howells
(1892-1983)

Worship at Trinity

*When the text of this worship
booklet is in bold, it is spoken or
sung by all.*

*Though the Celebrant’s posture
(standing, sitting, or kneeling) will
cue many in the congregation,
we invite you to participate as
you are able and as your piety
prefers.*

The Invitatory & Psalter

O Lord, open thou our lips.

And our mouth shall show forth thy praise.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

Venite: S-35 *Sung by all. The text of the Venite is that of the psalm appointed for today.*

Come, let us sing to the Lord;

let us shout for joy to the Rock of our salvation.

**Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.**

**For the Lord is a great God,
and a great King above all gods.**

**In his hand are the caverns of the earth,
and the heights of the hills are his also.**

**The sea is his, for he made it,
and his hands have molded the dry land.**

**Come, let us bow down, and bend the knee,
and kneel before the Lord our Maker.**

**For he is our God,
and we are the people of his pasture and the sheep of his hand.
Oh, that today you would hearken to his voice!**

THE LESSONS

Reading Romans 5:1-5

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

The Word of the Lord.

Thanks be to God.

Motet

“O Saviour of the world,
who by thy Cross and
thy precious Blood hast
redeemed us, save us and
help us, we humbly beseech
thee, O Lord.”

TEXT: ANTIPHON FOR
MATINS ON THE FEAST OF
THE EXALTATION OF THE
CROSS

Motet *‘Salvator mundi’*

Herbert Howells (1892-1983)

Reading John 4:5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Word of the Lord.

Thanks be to God.

Hymn 439 'What wondrous love' *Found on p.8.*

The Apostles' Creed

**I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS

The Lord be with you.
And with thy spirit.
Let us pray.

The Lord's Prayer *Spoken by all.*

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

Suffrages A

O Lord, show thy mercy upon us;
And grant us thy salvation.
Endue thy ministers with righteousness;
And make thy chosen people joyful.
Give peace, O Lord, in all the world;
For only in thee can we live in safety.
Lord, keep this nation under thy care;
And guide us in the way of justice and truth.
Let thy way be known upon earth;
Thy saving health among all nations.
Let not the needy, O Lord, be forgotten;
Nor the hope of the poor be taken away.
Create in us clean hearts, O God;
And sustain us with thy Holy Spirit.

Collect of the Day

Almighty God, who seest that we have no power of ourselves to help ourselves:
Keep us both outwardly in our bodies and inwardly in our souls, that we may be
defended from all adversities which may happen to the body, and from all evil
thoughts which may assault and hurt the soul; through Jesus Christ our Lord,
who liveth and reigneth with thee and the Holy Spirit, one God, for ever and
ever.
Amen.

*Collects are prayers that
"collect" our intentions for any
given occasion. In addition to
the "Collect of the Day," the
Officiant will pray additional
collects appropriate for this
Sunday.*

Collects & Intercessions

The General Thanksgiving

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.

We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end.

Amen.

The Peace

The peace of the Lord be always with you.

And with thy spirit.

Announcements

Hymn 674 ‘Forgive our sins as we forgive’ *Found on p.9*

Sermon The Rev. Morgan S. Allen, *Rector*

The Offertory

Anthem ‘I will wash my hands in innocence’

David Hurd (b. 1950)

Presentation

All things come of Thee, O Lord.

And of Thine own, have we given Thee.

Blessing

Hymn 436 ‘Lift up your heads’ *Found on p.10.*

Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.

*All we have and all we are is
of God, and everyone has a
faithful offering to make. All
gifts received today will support
Trinity’s ministry, empower our
service to the community, and
sustain our historic buildings.*

Anthem

“... I will wash my hands in
innocence, O Lord, that I
may go in procession round
your altar, singing aloud
a song of thanksgiving
and recounting all your
wonderful deeds...”

TEXT: PSALM 26: 6–8, 12

Postlude

Fanfare

Kenneth Leighton
(1929-1988)

Hymn 690 'Guide me, O thou great Jehovah'

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: *Cwm Rhondda*, John Hughes (1873-1932)

Hymn 439 'What wondrous love'

Unison



1 What won - drous love is this, O my soul, O my soul! What
2 To God and to the Lamb, I will sing, I will sing, to
3 And when from death I'm free, I'll sing on, I'll sing on, and



won - drous love is this, O my soul! What won - drous love is this that
God and to the Lamb, I will sing. To God and to the Lamb who
when from death I'm free, I'll sing on. And when from death I'm free I'll



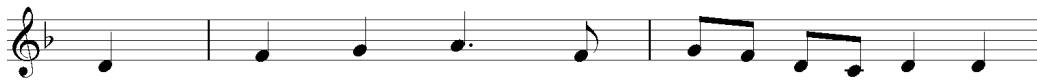
caused the Lord of bliss to lay a - side his crown for my
is the great I AM, while mil - lions join the theme, I will
sing and joy - ful be, and through e - ter - ni - ty I'll sing



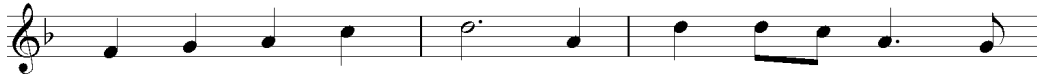
soul, for my soul, to lay a - side his crown for my soul.
sing, I will sing, while mil - lions join the theme I will sing.
on, I'll sing on, and through e - ter - ni - ty I'll sing on.

Words: American folk hymn, ca. 1835 Music: *Wondrous Love*, from *The Southern Harmony*, 1835

Hymn 674 'Forgive our sins as we forgive'



1 "For - give our sins as we for - give" you
 2 How can your par - don reach and bless the
 3 In blaz - ing light your cross re - veals the
 4 Lord, cleanse the depths with - in our souls, and



taught us, Lord, to pray; but you a - lone can
 un - for - giv - ing heart that broods on wrongs and
 truth we dim - ly knew, how small the debts men
 bid re - sent - ment cease; then, re - con - ciled to

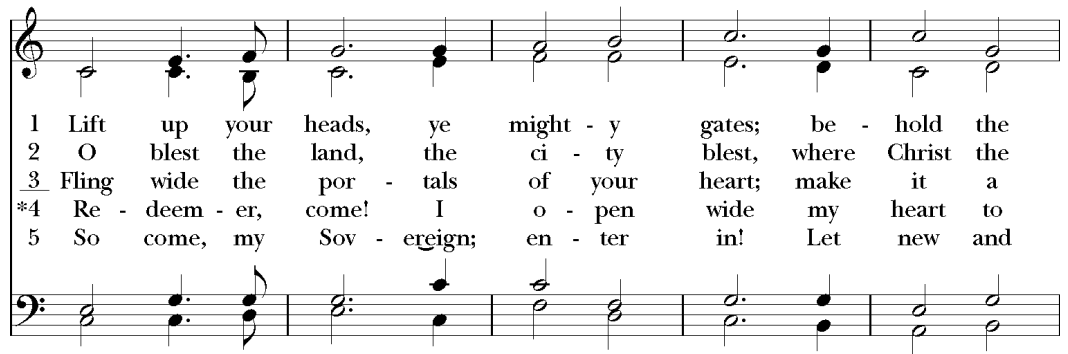


grant us grace to live the words we say.
 will not let old bit - ter - ness de - part?
 owe to us, how great our debt to you.
 God and man, our lives will spread your peace.

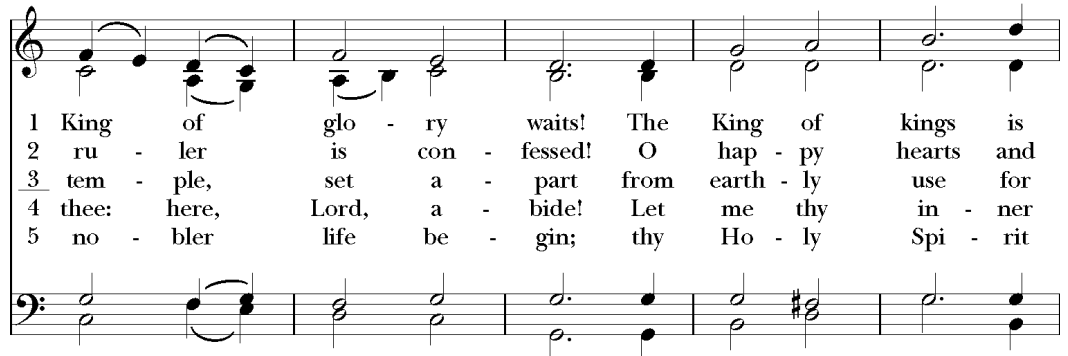
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 Music: *Detroit*, from *Supplement to Kentucky Harmony*, 1820; harm. Margaret W. Mealy (b. 1922)

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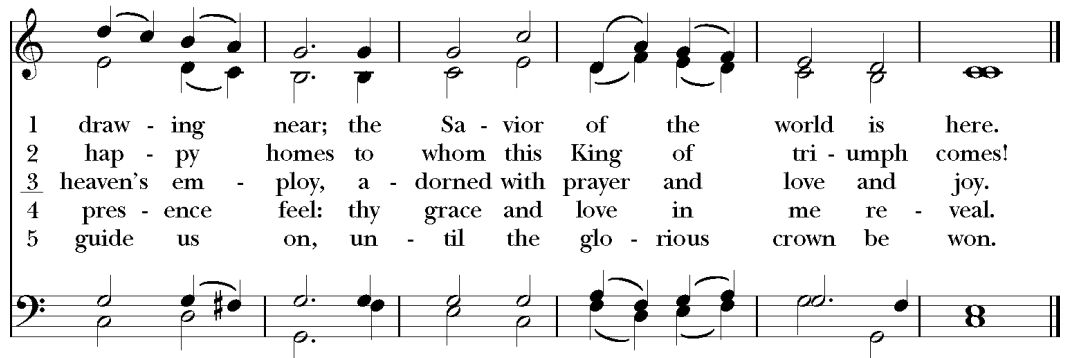
Hymn 436 'Lift up your heads'



1 Lift up your heads, ye might - y gates; be - hold the
 2 O blest the land, the ci - ty blest, where Christ the
 3 Fling wide the por - tals of your heart; make it a
 *4 Re - deem - er, come! I o - pen wide my heart to
 5 So come, my Sov - ereign; en - ter in! Let new and



1 King of glo - ry waits! The King of kings is
 2 ru - ler is con - fessed! O hap - py hearts and
 3 tem - ple, set a - part from earth - ly use for
 4 thee: here, Lord, a - bide! Let me thy in - ner
 5 no - bler life be - gin; thy Ho - ly Spi - rit



1 draw - ing near; the Sa - vior of the world is here.
 2 hap - py homes to whom this King of tri - umph comes!
 3 heaven's em - ploy, a - dorned with prayer and love and joy.
 4 pres - ence feel: thy grace and love in me re - veal.
 5 guide us on, un - til the glo - rious crown be won.

Words: Georg Weissel (1590-1635); tr. Catherine Winkworth (1827-1878)
 Music: *Truro*, melody from *Psalmodia Evangelica*, Part II, 1789; harm. Lowell Mason (1792-1872), alt.

Trinity Church
 in the City of Boston
 206 Clarendon Street, Boston, MA 02116
 617-536-0944 + trinitychurchboston.org

